

Damp, Mould and Condensation

Many people have experienced damp and mould in their property at some point. Most mould growth is likely to be the result of condensation, however, in some instances it may be the result of damp.



What causes dampness and condensation in your house?

- Lack of adequate heating and/or ventilation.
- Water coming in from the outside through leakage.
- Rising damp - dampness from the ground rising up into the building fabric.
- High levels of moisture/water vapour being produced inside the house.

Where does Condensation occur?

The conditions for condensation can exist in many areas around the home with poor air circulation and/or high heat loss such as:

- Cold surfaces like mirrors and windows
- Kitchens and bathrooms
- Solid, uninsulated walls of unheated rooms
- Cold corners in unheated rooms
- Wardrobes and cupboards



How To Prevent Condensation

Top tips:

- On dry days open some windows for ventilation.
- Keep lids on your pots and pans when you cook.
- Keep the doors to the bathroom and kitchen closed when you are bathing or cooking.
- Always wipe excess moisture from windows.
- Limit the number of pot plants in your house.
- Keep furniture away from outside walls to allow air circulation.
- On cold days try to keep indoor temperatures at least 18°C.
- Wherever possible, dry your clothes outside.
- If you use a tumble dryer, make sure that it is vented outside.
- If you must dry your clothes on a clothes rack inside, do this in a well-ventilated room with doors closed to the rest of the house.



If you are following this guidance but still experiencing problems with damp or condensation in your home, please contact us on:



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